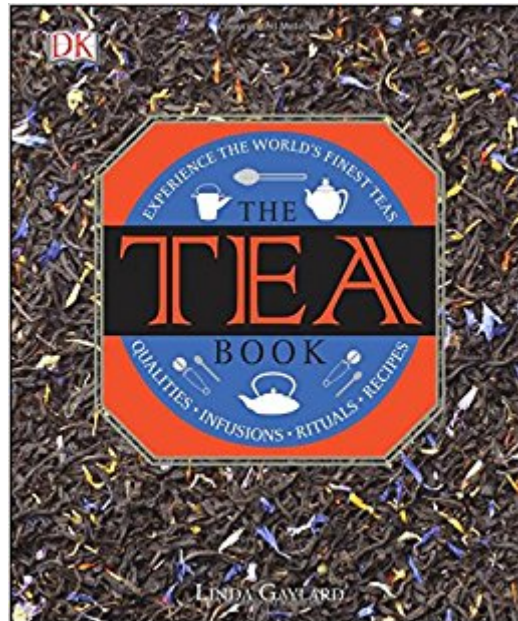




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The Tea Book



Synopsis

The Tea Book helps you explore the blends, tastings, and ceremonies from around the world and create your own delicious tea traditions. Where does tea come from? In The Tea Book learn where in the world tea is cultivated and how to drink each variety at its best, with steeping notes and step-by-step recipes. The Tea Book is your world tour of the art of tea. Visit tea plantations from India to Kenya and explore maps of the world's most important growing regions. Learn to recognize tea-leaf varietals and spot the best types from each region. Recreate a Japanese tea ceremony with a guide to storied traditions and practical implements. Discover the health benefits of green tea. Craft the perfect Chai tea. Try a tasting course to cultivate your sense of tea color, aroma, and taste. Explore the spectrum of herbal, plant, and fruit infusions. The Tea Book covers it all, including history, tradition, and 75 classic and contemporary recipes to steep and share.

Book Information

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Customer Reviews

As a certified tea specialist, couldnt recommend a better book as an importantly visually lush introduction to this immense & wonderful topic, all that is needed are the aromas, tastes and textures for the reader to explore. The author put an enormous amount of care into this and simply cannot cover everything, but what an excellent start for beginners and resource for those experienced in the tea world, whether as a grower, retailer, teacher, enthusiast ... well done and thank you!

I was so excited to receive my copy of The Tea Book the mail today! This is a wonderful reference book for tea lovers of all levels. It's full of beautiful photos, illustrations, and diagrams that make the

sometimes complex subject of tea friendly and accessible. The section on world tea traditions is fascinating, and I also love the flavor wheel, which gives you some tips on tasting tea the way the professionals do. There are a host of tea recipes included, ones that call for very specific types of tea so that you can fully appreciate their distinct flavors. Lychee Strawberry Frappe, White Peony Punch, Salted Caramel Assam...can't wait to try these...love this book!!

I was so excited to receive this book, and for good reason, too! Every aspect of tea is incredibly visual -- the leaves themselves, the process of brewing, the liquor -- and this book does great justice to the beauty and ceremony of tea. The information is presented in an easily accessible format, with fascinating tidbits, historical curiosities, and unique backgrounds on all varieties of teas, tisanes (herbal teas), and more. I highly recommend this book for the tea beginner and sommelier alike.

I am passionate about tea and have read many books on the subject. This is the only book I felt I had to own! I love the writing, information and photos, simply a beautiful book about one of my favorite subjects! Love this book!

Love this book. Teaching you about the origins and types of tea in simple and interesting ways and giving you recipes for lots of yummy teas. My new favorite book!

This book is full of great tea info for the tea drinker who wants to know more or someone interested in the way this universal beverage has lasted & changed throughout time & place.

I did a lot of research before buying this book. I wanted some history, some ritual, and lots of geographic differences all spelled out for me. This book does it all!

Such a thorough book on everything 'tea'! Get this book to know the history, ceremony, and even recipes for tea.

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